ClearWater

September 23-25, 2026
Landgoed Welna - Epe

nature retreat

# Living in connection and full attention

## Are you living your true potential?

Do you feel that there is something unique hidden within you that has not yet fully come to fruition? As if there is something living inside you that wants to come out, but which you cannot quite reach yet? You may notice that your familiar way of acting is less fulfilling and no longer always sufficient. These are signs that you might be outgrowing something. A new phase is announcing itself; something new is beckoning within you and wants to be lived. Perhaps you do not experience any of this but are simply curious about what else lives within you, and you have the desire or longing to discover it and give it space.

**In this world, where distraction is continuous;** Where there is a consistent pull outward for your attention; Where chaos is not temporary but a constant; Where the speed of life seems to be never slowing down but ever growing; Where change is happening every day, and the plan, once on paper, is already outdated.

In this world, it becomes more and more important to find your direction from within. Where we are able to anker ourselves in rest; Where we are able to make conscious choices towards more aliveness and joy; Where we choose our well-being over surviving; Where we choose love over fear to direct any part of our life; Where we live from an inspiration and overflow rather than a lack; Where we are able to see that every experience in our life happens for us.

**We invite you to join us in a beautiful place in nature for 3 days** where, through limiting distractions, silence, well-being practices, connection with the land, with yourself and each other we explore our depths, become more coherent and in integrity with ourselves.
By becoming aware of ourSelves, we increase our capacity to live, serve, and lead to the fullest where ever we choose to contribute. It just becomes clear.

> In every walk with nature one receives far more than he seeks. - John Muir

## Transformations

**You will:**

- Start to lead your life from within and discover what is there to be listened to
- Strengthen your presence and inner balance
- Take your place and stand in your power
- Experience the power of being fully yourself

**What you will notice in your life?**

- More clarity in your mind and heart and trust to express this
- More freedom in relationships with others
- Less rushed in getting somewhere
- Greater impact from the actions you take
- More ease and flow from rest in your day to day life

And these are just some possibilities.....

## Personal experiences

*"Inner Peace: in the Welna trail I found the courage to see myself, to fight for my long-cherished dream, and to consciously choose to be truly happy personally and professionally. Gracias Welmoed y Karin!"*
– Hiliana

*"During the Trail, I discovered and strengthened new sides of myself. When I act from a place of calm, I'm most in touch with my intuition and have greater impact (and appreciation) while doing less."*
– Susan

## About US

We are two experienced professionals driven by a deep-seated desire to contribute to making conscious choices and create the world we want to live in.  A world where all living beings can thrive and in harmony with the whole. We have dedicated our lives to the question; “What is truly possible with this one life?” by exploring how to live life in joy and inspiration and support others on their path to life their highest potential.

We are pioneers in collective consciousness development with a combined experience of over 40 years and a background in the business world with a holistic perspective. We facilitate sustainable transformations for our clients in various forms; for instance, we guide leadership transformation journeys of C-suite teams and their organizations, facilitate wilderness trails in the Netherlands and South Africa, hold collective dialogues and deep inner work retreats, and offer individual coaching. We always create custom programs for individuals and groups.

## Practical information

**Dates**
September 23-25, 2026. Arrival and welcome Wednesday 23 September 10:00. The program finishes on Friday 25 Sept 2026 at 17:00. Two months after the program there will be an integration session at location in NL (TBC).

**Location**
We are staying at a beautiful and quiet spot on the Veluwe. De Schaapskooi is part of the Welna Estate. The facilities are basic. We are surrounded by nature and will be outdoors a lot. You will sleep in your own tent. The bathroom is shared.

**Catering**
Vegetarian, prepared with love

**Group size**
Maximum of 12 participants

**Language**
Dutch or English dependent on the participants

**Investment (excl. BTW)**
Euro 1225,- for private individuals/entrepreneurs
Euro 1485, - for business participants

**Registration**
You can register here.

Register form

**Facilitated by:**

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