

ClearWater Wilderness Trail

*Living and Leading
through a space
of possibilities*

18 January - 25 January 2025
Bergplaas - South Africa

This ClearWater Wilderness trail, a 4-month program, is about connecting with and learning from Nature and thus with yourself through deep, personal experience. It is key to transforming your thoughts, actions and approach to life. The trail expands your consciousness and ability to embed the experience in your day-to-day life. It is a program towards a personal inner transformation and power to co-create the life in a world we want to live in. It is designed and extended to create a profound positive impact on everyone involved; you as a participant, Bergplaas and its mission. You will largely spend time outdoors in untouched nature far from the familiar and from the daily routine, to simplify and slow down without distractions of watches, telephones and computers.

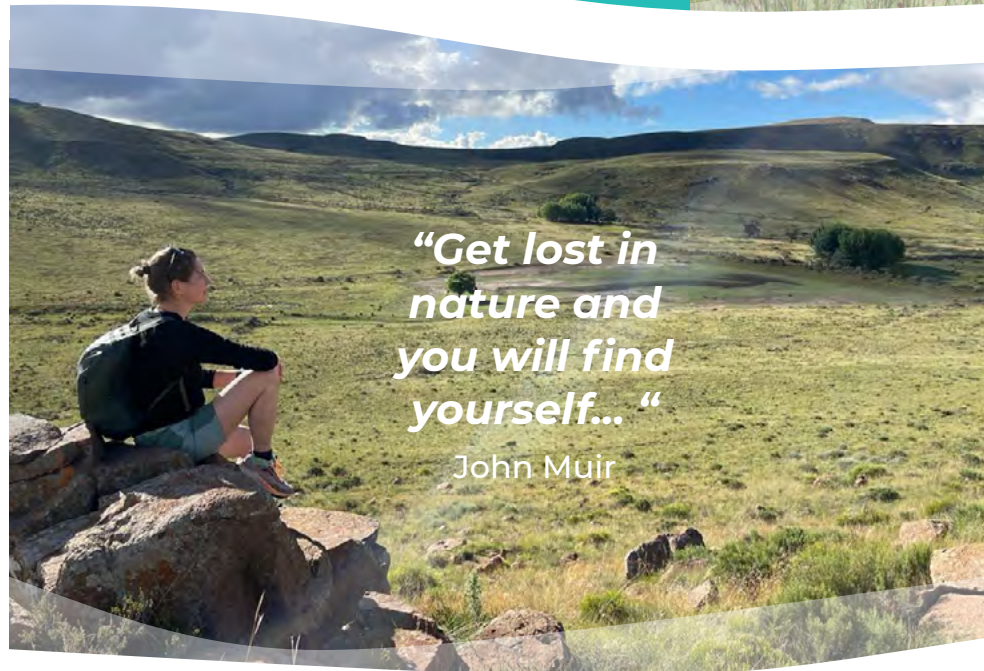


For whom?

We encourage an international and diverse group of leaders – from different backgrounds, professions, organisations or entrepreneurs. People who already and/or are longing to create a positive ripple in the world. People yearning for a deep transformative experience. People who hold a question. People who feel something is missing or feel stuck. People wanting to make a next step in the way they lead and create their life and/or career, to become conscious of the impact they have on their environment (personal, private, professional, planet).

Place

The trail will be held at Bergplaas Nature Reserve, South Africa which was established by Princes Irene of the Netherlands in 2002. The 5.000-hectare Bergplaas Nature Reserve neighbours the iconic Compassberg in the Sneeuberg Mountains of the Great Karoo. Its altitude ranges from 1400m to 1800m and it serves as a key water catchment for the Karoo and the Eastern Cape. Bergplaas is an official Quiet Park and located a 4-hour drive from Port Elizabeth.



“Get lost in nature and you will find yourself...”

John Muir

The experience

Through experiencing the interconnectedness of life, we connect to our own nature, our own path. We become aware of what has formed who we are and where we are in life now. Being in nature creates a place of inner peace and silence from which new thoughts emerge. Thoughts that create a new life experience. This program allows for the unfolding of our inner leadership by aligning all aspects of ourselves with what surrounds us, what we are part of. It is a collective (we) and a personal (me) journey, which includes guided walks, silence, group and individual reflections and an extended solo time.

Why participate?

We live in a fast-paced world, and we are often busy doing. How often do we give ourselves time to slow down and reflect? What are we doing? How do we really feel, and why? In this program, we take the time to reflect on our life, our personal leadership and professional development. What do we want to create in our lives? Embarking on this program is a real journey of discovery. The journey begins with more awareness from the whole of you: your brain, your heart, your gut and your soul. What you receive is expanded self-awareness and choice, clarity and focus in what you want to create, balance between me and we and more connection to nature and our planet. The 4-month program includes individual and group coaching, with the wilderness trail as the pivotal moment. Transitioning your new insights, awareness and choices moving into your future is unique in this program.



Embark on a 4-month journey

Shifts in our lives takes awareness, choice, time, experimentation, and integration. This format, a combination of individual and group work, will support you in making your transformation in how you want to live your life with special emphasis on the re-integration into your life after the trail.

From mid November 2024 till mid March 2025

Individual Conversation

Exploring intentions
by end of Nov

Group Workshop
Stepping in
early Dec

Wilderness trail Experience

being in nature
18-25 Jan 2025

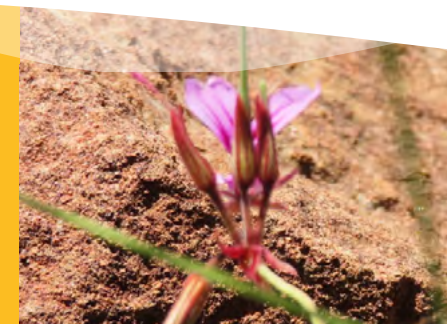
Individual Coaching

Landing and sensemaking
25 Jan – early March

Individual Integration
Transferring out

Group Workshop
Collective integration
early March

Individual work
Bringing nature in all elements of your life



“Create spaces that nourish our sense of possibility, promote a sense of oneness and redefine our relationships with the more than human and foster effective and spiritual transformation.”

Ian Read

Information



- Date:** 18 January - 25 January 2025
(travel days 17 January and 26 January)
- Location:** Bergplaas Nature Reserve, South Africa
- Costs:** 4700 euro (excl. VAT)
For South Africans, please connect with us for the local price.
- Max:** 10 people

Registration deadline is 15th of November.

Any transport costs to and from Port Elizabeth and hotel in Johannesburg are the responsibility of the participants.

The program will be led by facilitators: Karin Oeseburg and Welmoed Kronemeijer and wilderness guides Ian Read and Wayne Maspero.



Combined we have 20 years experience of facilitation of transformation and 60 years experience of facilitation in nature.

Contact us

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ClearWater
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